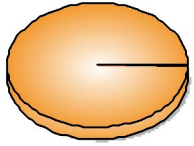


Master Cleanse Agave Nectar

Meal grams: 4373.8g/154.3oz



Protein: 0%
 Carbohydrates: 99%
 Fat: 0%

MEAL ITEMS

PEPPER, RED OR CAYENNE 1 tsp
 Agave Nectar Light 1 cup
 LEMON JUICE, RAW 1 cup
 WATER, BOTTLED 1 gallon

Nutrition Facts	
Serving Size: 1 serving (4373.8g)	
Servings: 1	
Amount Per Serving	
Calories 1030	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 278g	93%
Dietary Fiber 1g	6%
Sugars 262g	
Protein 1g	
Vitamin A 15%	• Vitamin C 190%
Calcium 40%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

NUTRIENT ANALYSIS

Nutrient	Value	%DV	Nutrient	Value	%DV
Calories	1027		Lycopene (mcg)	0*	
Food Energy (kj)	4296		Lutein+zeaxanthin (mcg)	259*	
Protein (g)	1	2%	Vit-A IU	795*	16%
Calories from Protein	4		Vit-B1 Thiamine (mg)	0*	5%
% Calories from Protein	0		Vit-B2 Riboflavin (mg)	0*	2%
Carbohydrates (g)	278	93%	Vit-B3 Niacin (mg)	0*	2%
Starch (g)	0*		Vit-B5 Pantothenic Acid (mg)	0*	3%
Sugars (g)	262		Vit-B6 Pyridoxine (mg)	0*	8%
Glucose (g)	0*		Total Folate (mcg)	34*	8%
Fructose (g)	0*		Folate, Food (mcg)	34*	
Galactose (g)	0*		Folic Acid (mcg)	0*	
Sucrose (g)	0*		Folate, DFE (mcg_DFE)	34*	
Lactose (g)	0*		Vit-B12 Cyanocobalamin (mcg)	0*	0%
Maltose (g)	0*		Vit-H (mcg) Biotin	0*	0%
Dietary Fiber (g)	1*	6%	Vit-C (mg)	114*	189%
Est. Net Carbs (g)	293		Vit-D (IU)	0*	0%
Calories from Carbohydrates	1020		Tocopherol, Alpha (mg)	1*	
% Calories from Carbohydrates	99		Tocopherol, Beta (mg)	0*	
Fat (g)	0	0%	Tocopherol, Gamma (mg)	0*	
Saturated Fat (g)	0	0%	Tocopherol, Delta (mg)	0*	
Trans Fat (g)	0		Vit-E (IU)	0*	0%
Trans-Monoenoic Fat (g)	0*		Vit-K (mcg)	1*	2%
Trans-Polyenoic Fat (g)	0		Calcium (mg)	399*	40%
Monounsaturated Fat (g)	0		Magnesium (mg)	93*	23%
Polyunsaturated Fat (g)	0		Phosphorus (mg)	20*	2%
Omega-3 (g)	0*		Potassium (mg)	339*	
Omega-6 (g)	0*		Sodium (mg)	79	3%
Calories from Fat	3		Chloride (mg)	0*	0%
% Calories from Fat	0		Chromium (mcg)	0*	0%
Cholesterol (mg)	0*	0%	Copper (mg)	0*	18%
Alcohol (g)	0*		Fluoride (mg)	0*	
Calories From Alcohol	0		Iodine (mcg)	0*	0%
% Calories from Alcohol	0		Iron (mg)	0*	1%
Ash (g)	3*		Manganese (mg)	0*	3%
Water (g)	4013*		Molybdenum (mcg)	0*	0%
Caffeine (mg)	0*		Selenium (mcg)	0*	1%
Theobromine (mg)	0*		Zinc (mg)	0*	1%
Phytosterols (mg)	1*		Histidine (g)	0*	
Stigmasterol (mg)	0*		Isoleucine (g)	0*	
Campesterol (mg)	0*		Leucine (g)	0*	
Beta-sitosterol (mg)	0*		Lysine (g)	0*	
Vit-A (mcg_RAE)	40*		Methionine (g)	0*	
Retinol (mcg)	0*		Phenylalanine (g)	0*	
Carotene, beta (mcg)	400*		Threonine (g)	0*	
Carotene, alpha (mcg)	0*		Tryptophan (g)	0*	
Cryptoxanthin, beta (mcg)	154*		Valine (g)	0*	
			Alanine (g)	0*	

Nutrient	Value	%DV	Nutrient	Value	%DV
Arginine (g)	0*		FA 16:1 c (g)	0*	
Aspartic acid (g)	0*		FA 16:1 t (g)	0*	
Cystine (g)	0*		FA 17:1 (g)	0*	
Glutamic acid (g)	0*		FA 18:1 undifferentiated (g)	0*	
Glycine (g)	0*		FA 18:1 c (g)	0*	
Hydroxyproline (g)	0*		FA 18:1 t (g)	0*	
Proline (g)	0*		FA 20:1 (g)	0*	
Serine (g)	0*		FA 22:1 undifferentiated (g)	0*	
Tyrosine (g)	0*		FA 22:1 c (g)	0*	
FA 4:0 (g)	0*		FA 24:1 c (g)	0*	
FA 6:0 (g)	0*		FA 18:2 undifferentiated (g)	0*	
FA 8:0 (g)	0*		FA 18:2 n-6 c,c (g)	0*	
FA 10:0 (g)	0*		FA 18:2 i (g)	0*	
FA 12:0 (g)	0*		FA 18:2 t not further defined (g)	0*	
FA 13:0 (g)	0*		FA 18:2 CLAs (g)	0*	
FA 14:0 (g)	0*		FA 18:3 undifferentiated (g)	0*	
FA 15:0 (g)	0*		FA 18:3 n-3 c,c,c (g)	0*	
FA 16:0 (g)	0*		FA 18:3 n-6 c,c,c (g)	0*	
FA 17:0 (g)	0*		FA 18:3 i (g)	0	
FA 18:0 (g)	0*		FA 18:4 (g)	0*	
FA 20:0 (g)	0*		FA 20:2 n-6 c,c (g)	0*	
FA 22:0 (g)	0*		FA 20:3 undifferentiated (g)	0*	
FA 24:0 (g)	0*		FA 20:4 undifferentiated (g)	0*	
FA 14:1 (g)	0*		FA 20:5 n-3 (g)	0*	
FA 15:1 (g)	0		FA 22:5 n-3 (g)	0*	
FA 16:1 undifferentiated (g)	0*		FA 22:6 n-3 (g)	0*	

Values marked with a single asterisk (*) indicate totals with some values not available. This may result in an under reporting of values. Due to FDA rounding rules, discrepancies may occur between actual nutrient values and the values used on the Nutrition Facts Labels.